



**MEMORANDUM OF ASSOCIATION BY-LAWS
AND REGULATIONS**

June 2025

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MEMORANDUM OF ASSOCIATION

Article 1: Name

- 1.1 This organization shall be called the Nova Scotia Jr. Hockey League, consisting of teams located in the province of Nova Scotia.

Article 2: Definitions

In these By-Laws unless there be something in the subject or context inconsistent therewith.

- 2.1 Nova Scotia Jr Hockey League means NSJHL.
- 2.2 HOCKEY NOVA SCOTIA means HNS.
- 2.3 HOCKEY CANADA means HC.
- 2.4 TEAM means registered in good standing with NSJHL.
- 2.5 LEAGUE means NSJHL
- 2.6 EXECUTIVE means President and up to 3 Vice Presidents who are elected by the BOG's
- 2.7 PROTEST COMMITTEE means the Director of Hockey Operations and 2 Vice Presidents, or an independent appointment by the President
- 2.8 IMPORT means players from another country.
- 2.9 CARDED means Players signed or having played Jr. B or higher, in any league whether recognized by HC or not, or a Team or League claiming to be or calling their LEAGUE or TEAM, JR B or higher.
- 2.10 PLAYERS FROM OUTSIDE the REGION (POR) means any player from outside the Region who did not play their bantam hockey within the Region.
- 2.11 OA means Overage
- 2.12 PP means Protected Player

Article 3: Authority

- 3.1 The League prior to the commencement of the regular season play, will register with HNS.
- 3.2 The League will operate with the approval of HNS.
- 3.3 Where any matter is not covered in the By-Laws or Regulations of the NSJHL but is dealt with in the HNS\HC Handbook, then the provisions of the said Handbook shall apply.
- 3.4 If the matter is not covered under Article 3.3 the President/Director of Hockey Operations has authority to make his or her ruling

Article 4: Objectives

- 4.1 The objects of the organization are:
 - 4.1.1 to foster and encourage the support of amateur junior hockey throughout Nova Scotia.
 - 4.1.2 to sponsor and encourage clean hockey and to discourage unsportsmanlike tactics by either individual players or team officials.
 - 4.1.3 to co-operate with educational institutions to ensure that hockey does not adversely interfere with a student's education.
 - 4.1.4 to ensure that the basic human rights of all individuals are respected.
 - 4.1.5 to supervise and carry out hockey contests within the league and to eventually declare a Provincial Champion.

Article 5: Membership

- 5.1 The NSJHL shall be comprised of two divisions which shall be known as the "Fred Fox Division" and the "Sid Rowe Division". The teams are listed in Schedule AA.
- 5.2 All teams will have 50 km protective area of operation for their team.
- 5.3 No new expansion team or existing team can be proposed within an existing teams protective area unless waived in writing by the existing team
- 5.4 Team(s) on a one years leave of absence shall be identified in Schedule AA.

Article 6: Amendments

- 6.1 The Articles, By-Laws and Regulations may be amended or altered at a meeting of the league, special or annual and then only with two thirds majority of the members present.
- 6.2 No amendments or alterations to the Articles, By-Laws and Regulations shall be considered at any Meeting unless such amendment or alteration shall have been submitted in writing to the Secretary for at least two (2) weeks prior to the meeting date.
- 6.3 The Secretary will submit a copy of the proposed amendment or alteration to each team at least one (1) week prior to the date of the General, Annual or Special Meeting.

BY-LAWS

By-Law 1: Board of Governors

- 1.1 The NSJHL shall be governed by a Board of Governors which will establish the policies of the League, and uphold the Memorandum of Association, ByLaws and Regulations, as provided herein. 1999.AUG.22

- 1.2 Appointment of Governor
 - 1.2.1 Each team shall appoint an individual as their Governor and one (1) Alternate Governor. Only one (1) will have a vote at any League Meetings.
 - 1.2.2 In the event of a Governor or an alternate being unable to attend a meeting, the member team may appoint, by a similar writing filed with the Secretary, an alternate Governor to represent it at such a meeting with all the power of a Governor.
 - 1.2.3 Any member team may, at any time in writing, revoke its Governor and appoint another Governor to represent it.

- 1.3 Meetings of Board of Governors
 - 1.3.1 At any and all meetings of the Board of Governors, unless otherwise stated, each member team of the League shall be entitled to have present at such meeting up to three (3) representatives.
 - 1.3.2 A quorum for meetings of the Board of Governors shall be two-thirds (2/3) of the member teams of the League.
 - 1.3.3 Voting at a Board of Governors Meeting shall be limited to the Governors in attendance, or in the absence of a Governor, the teams appointed alternate.
 - 1.3.4 The Governor or his alternate shall, by reason of his appointment, be vested with the full power to represent the member team and to bind it by his vote.
 - 1.3.5 At all meetings of the League, representation of each member team by its Governor or alternate shall be compulsory. Failure to have representation, without due cause shall result in the member team being subject to a fine

of two-hundred and fifty (\$250.00) dollars. The Board of Governors may waive the fine when due cause is shown.

1.4 Duties of the Board of Governors

- 1.4.1 To elect from amongst themselves a Chairman of the Board, who shall chair all subsequent meetings of the Board of Governors. A Vice Chairman shall also be elected. The terms of office for both the Chairman and Vice Chairman shall be two years with the Vice Chairman assuming the position of Chairman on completion of the Chairman's term. In the absence of the Chairman the Vice Chairman shall chair a Board of Governors meeting in his stead. The terms for the positions shall alternate.
- 1.4.2 To approve, amend or alter the League's Memorandum of Association, By-Laws and Regulations.
- 1.4.3 To approve League expansion by the admission of new team(s) and to set the franchise fees applicable to new team(s) entering the League.
- 1.4.4 To approve the League's divisions and the alignment of League Teams within those divisions.
- 1.4.5 To approve the league regular season schedule and the playoff format.
- 1.4.6 To approve the expulsion of any team from the League, set any conditions, penalties or disciplinary action against such team or team(s) so expelled from the League.
- 1.4.7 To elect, at the Annual Meeting, the League President and the League Executive in accordance with NSJHL By-Law 2.2 and to approve appointments made by the Executive.
- 1.4.8 To approve the League's Supplemental Code of Discipline, if appropriate, and to make recommendations to HNS for changes to the HNS Junior Council Code of Discipline as they relate to Junior hockey.
- 1.4.9 Any Governor has the right to ask the Chairman of the Board of Governors to establish a committee as it deemed necessary and report back to the Board. Any expense for this must be approved by the Board of Governor's.
- 1.4.10 To appoint an independent person to audit the league financial report for the AGM.

- 1.4.11 The Board of Governor's may it their discussion give the Chairman of the Board of Governor's a vote to extend his or her term.
- 1.4.12 To establish a Marketing Committee, if required, to assess and direct the marketing policies of the League.
- 1.4.13 A member team may request the Chairman of the Board of Governors to establish a special committee to:
 - a) investigate player movements;
 - b) investigate tampering violations;
 - c) recommend release procedures (if appropriate);
 - d) recommend the amount of fine and/or compensation to be levied;
 - e) Such committee shall report its findings and recommendations to the Board of Governors for its approval;
 - f) To establish other committees as may, from time to time, be deemed necessary.

By-Law 2: Management

2.1 Management of Affairs

The management of the affairs of the Nova Scotia Jr Hockey League shall be vested in an elected Executive Committee, consisting of a President, Director of Hockey Operations and Vice-President of Suspensions and Player Safety who shall be elected, plus a Secretary, Treasurer, Public Relations Director, Statistician, Website Director and Registrar, who shall be appointed.

2.2 Term of Office

The President, Director of Hockey Operations and Vice-President of Suspensions and Player Safety shall be elected for a two (2) year term at the AGM as follows:

- Year 1 - President and Vice President of Suspension and Player Safety
- Year 2 - Director of Hockey Operations

Remaining members of the Executive Committee shall be appointed to a one year term by the elected Executive at the AGM and approved by the BOG's.

2.3 Executive Right To Vote

The Officers of the League Executive Committee shall not have the right to vote at any League Meeting.

2.4 Suggestions and Recommendations

League Executive shall be expected to bring forth suggestions, recommendations and amendments dealing with any area of operations of the League.

2.5 Empowerment

The League Executive shall be empowered to execute all necessary contracts, deeds, bills, or any other documents on behalf of the League.

2.6 Protest Committee

The Protest Committee will consist of the League's Executive VP/Director of Hockey Operations as chairman plus:

Inter-Divisional protest: Any 3 opposing division Governor/GM's
Cross-Divisional protest: Any 2 independent Governor's/GM's from each division.

The Executive VP/Director of Hockey Operations will select his/her Committee. The chair will only vote to break a tie.

2.7 Disciplinary Committee

The League Disciplinary Committee shall consist of the two Divisional Vice-Presidents, with the Executive Vice-President as Chair.

2.8 Appeals Committee

The Appeals Committee shall consist of 2 of the 3 Vice Presidents and the President as Chair.

2.9 Jurisdiction of Issues

Sole jurisdiction in the matters as listed shall be vested as noted:

Changes and amendments to the League's Memorandum of Association, By-Laws and Regulations	BOG
Interpretation of the Leagues Memorandum of Association, By-Laws and Regulations	Executive
The establishment of divisions and team alignment	BOG
Conduct of team officials, players, and team organizations	Executive
Election of Executive Committee	BOG
Calling of Regular, Special and Annual General Meetings	Executive
Conducting all Regular, Special and Annual General Meetings	Executive
Conducting all Board of Governors Meetings	BOG
League schedule and re-scheduling of regular league games	BOG
League playoff schedule and format	BOG
Minor Officials, referees, and linesmen	BOG
Code of Discipline	BOG

The establishment of individual league committees	BOG
Discipline	Disciplinary Committee
Protests	Protest Committee
Calling of Board of Governors Meetings	BOG

2.10 The Executive members are expected to always act in a way that respects the integrity of the League, and its member teams. The Executive are required to keep data, and strategic plans of the League confidential. Each Executive member must disclose to the BOG’s any conflict of interest that may be associated with the operations of this League immediately for their approval.

By-Law 3: Duties

3.1 The Presidents duties:

- 3.1.1 The President shall preside at all League Meetings.
- 3.1.2 The President shall generally perform the duties usual to the office of the President.
- 3.1.3 The President, besides his regular duties, shall carry out all duties and powers of the League Executive in case of an emergency. Any such decision to be ratified within fifteen days of such decision by League Membership.
- 3.1.4 The President or his appointed replacement shall have the power to suspend and fine any player, team or team official in accordance with the Leagues By-Laws and Regulations.
- 3.1.5 The President oversees all aspects of the league's operations, ensuring its smooth and efficient functioning. This role involves managing all executive positions and taking on additional roles as needed.
- 3.1.6 The President provides strategic leadership, and oversees all business related activities including finance, marketing, and strategic planning.

3.2 The Executive Vice-President Director of Hockey Operations:

- 3.2.1 The Director of Hockey Operations for the Nova Scotia Junior Hockey League (NSJHL) is tasked with the comprehensive management and enforcement of all hockey-related regulations and activities within the

league. This pivotal role ensures full compliance with the NSJHL constitution, by-laws, and regulations, as well as those mandated by Hockey Nova Scotia and Hockey Canada.

3.2.2 The Director of Hockey Operations oversees all aspects of game operations, enforces standards of fair play, and guarantees that all hockey activities adhere to the highest safety and regulatory standards.

3.3 The Vice-President Director of Discipline and Safety:

3.3.1 The Vice-President Director of Discipline and Safety for the Nova Scotia Junior Hockey League is responsible for ensuring the fair and consistent enforcement of league rules and regulations, as well as overseeing safety protocols. This role involves issuing suspensions and warnings, maintaining detailed records, and communicating decisions effectively to teams and officials.

3.3.2 The The Vice-President Director of Discipline and Safety is also responsible for Safety Audits regarding mandatory coaching levels, CRC, and VSC.

3.4 The Secretary's duties:

3.4.1 The Secretary shall perform all general secretarial duties including the recording and issuing of the minutes of all League Meetings and Committee Meetings as required; the records of all players, coaches, managers, and trainers as registered with the governing body and perform such duties as may devolve upon him/her as League Secretary as designated by the President.

3.4.2 The Secretary shall conduct all correspondence, issue notices of all meetings and assist in other general duties as required.

3.4.3 The Secretary shall send copies of the minutes for each meeting to all teams and executives within 7 days of such meeting.

3.5 The Treasurer's duties:

3.5.1 The Treasurer shall keep the financial records of the League, receive all monies of the League and deposit same in a chartered bank.

3.5.2 The Treasurer shall present a properly prepared financial statement each year at the annual Meeting covering in detail all monies received and monies disbursed.

- 3.5.3 The Treasurer shall make the books and records of the League available for inspection by any member upon reasonable notice and during reasonable hours.
- 3.5.4 The Treasurer shall submit the league financial report in detail to each team and league executive by September 15, December 15, and February 15.

3.6 The Statistician's duties:

- 3.6.1 The Statistician shall be responsible for gathering of all information pertinent to the outcome of regular season and playoff games, as well as all individual players, and making same available to all news media.
- 3.6.2 The Statistician shall record the League Standings and individual statistics in accordance with the Leagues By-Laws and Regulations and post to the League Web Site and Media.

3.7 The Registrar's duties:

- 3.7.1 The Registrar coordinates the League Waiver Draft in accordance with the Leagues By-Laws and Regulations.
- 3.7.2 The Registrar coordinates all trades accordance with the Leagues By-Laws and Regulations.
- 3.7.3 The Registrar will send to all teams the weekly Eligible and Protected Players List by 5 pm Friday.
- 3.7.4 The Registrar will send to all teams their Eligible Players List on December 1st, January 10th, and February 10th accordance with HC and HNS dates.
- 3.7.5 The Registrar's Eligible and Protected Players List will displayed on Google Sheets both on the NSJHL website and via weekly email to all teams, and will include the following: each player will be listed in alphabetical order (by last name), position of each player, D.O.B. of each player, type of each player (IMP/POR/REG), and the status of each player (Carded, Protected, Territorial, Commit).

3.8 The Website Director's duties:

- 3.8.1 The Website Director will liase with the Website provider and co-ordinate enhancements to the league site as required by the BOG.

- 3.8.2 The Website Director will assist member teams with problems on their individual sites.
- 3.8.3 The Website Director will draft the regular season schedule as approved by the BOG and post to the League Website.
- 3.8.4 The Website Director will post all League information to the League Website as provided by League Executive and approved by the BOG.

3.9 The Publicity Director's duties:

- 3.9.1 The Publicity Director shall be responsible for gathering of all information pertinent to the League operations and making same available to news media and the League Website.

By-Law 4: Vacancy of an Executive Committee Position

- 4.1 When other than expiration of the term of office, any Executive Position becomes vacant, shall be named by the Executive shall appoint a person, approved by majority vote of the BOG, one of its members to fill the vacant position for the unexpired portion of the term of office.

By-Law 5: Teams

- 5.1 Each participating member team shall have an Executive to be known as the Team Executive of not less than three (3) responsible people.
- 5.2 The team shall be deemed to be located in the area in which it plays it's home games.
- 5.3 Each participating member team are required to inform the President by email their team's ownership status. This could be:
 - a) Sole owner/Partners
 - b) Company Ltd./ Inc
 - c) Society/Association (names of controlling directors)
 - d) Other (list of controlling directors)
- 5.4 Any change to the ownership listed with the League must be approved by the BOG's with a 75% approval vote. Failure to report any changes will result in the franchise to be suspended.
- 5.5 The League and its members can't be held responsible for any financial transactions between the sale or transfer of any team's ownership status.

By-Law 6: Voting

- 6.1 There will be no proxy voting.
- 6.2 All motions other than amendments to our By-Laws and Regulations put forward at any League Regular Meeting must be approved by majority present.
- 6.3 Amendments to our By-Laws and Regulations at a League Regular Meeting requires two third majority (2\3) to be approved in attendance.
- 6.4 Amendments to our By-Laws and Regulations at the AGM requires a majority to be approved.
- 6.5 In the event of an emergency, the Secretary is empowered to make telephone or email vote.
- 6.6 Any motion that ends in a tie, the motion will then be defeated.

By-Law 7: Fiscal Year

- 7.1 The fiscal year of the Nova Scotia Junior Hockey League shall be the period from MAY 1st in any year, to APRIL 30th of the following year.
- 7.2 Completion of traded players from future considerations, unless another date was approved with the agreed trade, will be completed and moved to there new team on the League's new Fiscal Year starting, MAY 1st.
- 7.3 All OA's will be removed from Teams Protected List on MAY 1st.
- 7.4 Atlantic POR's who were protected on a Teams final Protected List will now be removed from the POR status and now become a regular protected player.

By-Law 8: Meetings

- 8.1 The NSJHL shall hold an Annual General Meeting within two (2) months after the end of the fiscal year with the exact time and place to be set by the president.
- 8.2 Roberts Rules of Order shall apply at all meetings.
- 8.3 The NSJHL shall hold an Annual General Managers Meeting at the conclusion of the season as called by the Executive Vice President.

By-Law 9: Special Meetings

- 9.1 A Special Meeting may be called by the League Executive at any time. The League Executive must give 36-hour notice and the reason to call such meeting.
- 9.2 A Special Meeting may also be called by an application to the Chairman of the Board by 2/3 of the participating member teams in writing, and when such application is received, the Chairman shall call a special meeting.
- 9.3 A Special Meeting may be held over a conference call.

By-Law 10: Fees and Fines

- 10.1 Each team shall be assessed an annual league assessment. The amount to be decided at the AGM based on the proposed League Budget. This assessment may be paid in three (3) installments, on or before August 31, November 30 and January 31. Posted dated cheques must be received by the Treasurer no later than August 31. The Treasurer must deposit the cheques within ten (10) business days of the date on the cheque.
- 10.2 One hundred dollars (\$100) of the teams annual fee shall be given back to any team not qualifying for the NSJHL playoffs.
- 10.3 A Performance Bond deposit of \$1000 will be levied to all teams each season and must be paid in full to the League no later than September 15th of the current year. If the team continues to the end of that season, the bond will be refunded on request, providing all financial obligations to the League have been met.
- 10.4 New Teams will be required to pay \$1000 the first season, refundable at the end of the first season, providing all financial obligations to the League have been met.
- 10.5 Fees received in accordance with By-Law 17 Expansion will be disbursed as follows; Seventy Five percent (75%) to existing Teams through reduction of Annual Dues and Twenty Five percent (25%) to the Legacy Fund.
- 10.6 Fines must be paid before the Teams next scheduled game. In fault of this will result in the fine to be doubled. Any extension to this date must be approved by two thirds (2\3) of the BOG's. Failure to pay such fine by the extended date, the Team will be suspended.
- 10.7 Any request for information issued by the Secretary-Treasurer and bearing a deadline date which is not met with will result in a fine of One Hundred Dollars (\$100.00)
- 10.8 Any use of Social Media (whether it is League Website or public sites) that has the potential to embarrass, insult, demean or damage the reputation and image of the Nova Scotia Junior Hockey League, including and not limited to past or present players,

coaches or executive, is not permitted and will result in disciplinary action up to and including possible suspension or fine to be determined by the league executive.

By-Law 11: Protests and Appeals

- 11.1 Protest may only be made in regards to interpretation of the Articles, By-Laws and Regulations as outlined in our Constitution. *NOTE* No protest will be accepted to the rules and regulations in regard to HNS/HC decisions of a referee or linesman.
- 11.2 Protest must be filed with details by email to the League President and Director of Hockey Operations accompanying the protest fee of \$500 to the League's Treasurer. A decision will be handed down within 48 hours. If your protest is upheld, your fee will be returned.
- 11.3 No appeal to the League shall be made from any decision handed down by the Protest Committee.
- 11.4 The Protest Committee shall fix a time and place for the meeting to consider the Protest.
- 11.5 No appeal to the League shall be made from any decision handed down by the Protest Committee with respect to any protest filed pursuant to By-Law 11.1. Any member team or teams have the right to appeal to HNS or HC but will be penalized if it disregards the NSJHL constitution (see Appendix A).
- 11.6 An appeal of a decision must be filed with the President within twenty-four (24) hours of the notification of the decision being appealed. The appeal must be accompanied by an appeal fee of two hundred fifty dollars (\$250.00). Should the appealed decision be upheld, the appeals fee, less the cost of conducting the appeal hearing, shall be refunded.
- 11.7 An appeal of a fine issued by an Executive Member may be appealed to the Appeals Committee under the conditions set out in By-Law 11.4.
- 11.8 An appeal of a decision made by an Executive member regarding trades, protected lists, or the draft may be appealed to the Appeals Committee under the conditions set out in By-Law 11.4.
- 11.9 A verbal protest during a game must be made by the team captain of the aggrieved team to the Referee at the first opportunity after the action or decision complained of, and in all cases must be made within five (5) minutes of the period in which such action or decision was made and same be noted immediately on the official game report. The team protested shall, within 48 hours after practice completion of the game protested, file its defense with the Leagues Secretary.

Appendix A: Any member team or teams that do not abide by the NSJHL constitution and appeal to HNS or HC will be penalized as such:

- a) First offence – loss of waiver draft pick for 12 months, not eligible for current season playoffs, and a fine of \$2500.
- b) Second offence – loss of waiver draft pick for 24 months, not eligible for current season playoffs, and a fine of \$5000.
- c) Third offence – organization suspended from NSJHL participation for entire current year.
- d) Fourth offence – organization will be removed from NSJHL

Note Offences do not reset each season and each member team total will be kept by The Executive Committee

By-Law 12: Banking

- 12.1 The Executive Committee shall arrange for the opening of a Bank Account in some Chartered Bank or Trust Company in which funds for the Nova Scotia Junior Hockey League shall be deposited and withdrawals made only by the Treasurer and the President or one other person, who shall be recognized as the signing officers of the League.
- 12.2 The President, the Treasurer and one League Member shall be the signing officers of the League, any two signatures required.
- 12.3 The Executive Committee shall be responsible for the payment of all accounts of the Nova Scotia Junior Hockey League and shall make such regulations as it deems necessary to deal with payment of regular current accounts.
- 12.4 The Treasurer shall have an independent recognized person conduct an annual audit of the League's financial statement at year end (Apr 30th). This shall be presented to the membership teams at the annual meeting.

By-Law 13: Officers

- 13.1 No member of a team Executive, or coaches, managers or trainers of any of the participating member teams shall be eligible for appointment to the League Executive.

By-Law 14: Franchise Operation

- 14.1 Each of the operating Member Teams shall be issued a Certificate of Franchise, signed by the President and Secretary indicating that said team is a participating member of the NSJHL in good standing.
- 14.2 The NSJHL shall be stabilized at a minimum of six (6) clubs, this number to be revised at each AGM.

- 14.3 Application for admission may only be considered and accepted at the AGM.
- 14.4 Any Member team may make written application to the Secretary to alter any of the conditions of their operation at any time, providing the alterations meet the provisions of the League's By-Law's and Regulations and approved by the BOG.
- 14.5 The following shall be deemed to be conditions of a teams operation:
- 14.5.1 The Teams Name
 - 14.5.2 The Teams Colour
 - 14.5.3 The Teams location of their home rink
 - 14.5.4 The Team's Executive
- 14.6 Should a Team apply to the NSJHL to move its franchise permanently to another rink for home games under 14.5.3 at any time prior to or during the schedule, and such move to be a distance of forty kilometers or more, must be approved by a vote of 2/3 in favor of the move by the BOG at a Special Meeting or at the AGM.
- 14.7 Any franchise may be subject to forfeiture in the event of failure to comply with any requirements of this Constitution and approved by the BOG at a Special Meeting. A vote of 75% is required for the team to be removed from the league. The offending team is not eligible to vote.
- 14.8 Leave of absence may be granted by the BOG to any member team subject to the following conditions.
- 14.8.1 The leave must be applied for at least two (2) weeks prior to the AGM.
 - 14.8.2 The leave must be approved by two thirds $\frac{2}{3}$ majority.
 - 14.8.3 Any leave will be in effect for one (1) year and may be renewed for a second season with approval from the BOG.
 - 14.8.4 Notification to return to active status must be received by the President no later than March 31 of the year of the leave of absence.
 - 14.8.5 League assessment totaling sixty per cent (60%) of the teams assessment must be submitted when assessment are due for that playing season (Leave of Absence season), failing which the franchise shall forfeit.
 - 14.8.6 Any Member team granted a leave of absence shall forfeit its right to vote at any League Meetings, but will have the right to attend all League

Meetings, receive copies of all the minutes, notices and correspondence which may be distributed to League Members.

By-Law 15: League Passes

- 15.1 Each member team shall be issued 10 League passes.
- 15.2 Each Executive Committee member shall receive 2 Annual League passes.
- 15.3 Annual League Passes shall be honored at all NSJHL Regular Season, Playoff, and NSJHL All-Star Games.

By-Law 16: Discipline

- 16.1 The League will adopt Hockey Canada (HC) Junior B & C minimum suspension guidelines.
- 16.2 In exceptional circumstances, the President or his designate may suspend a team, player or official pending a suspension hearing, if he determines that such action is necessary to preserve the integrity of the League or for other good cause.
- 16.3 There shall be no hearing or appeal from minimum suspensions issued under a minimum suspension policy.

By-Law 17: Expansion

- 17.1 Admission fee for Teams accepted to the NSJHL will be Twenty Thousand Dollars (\$20,000).
- 17.2 Teams making presentations for entry into the NSJHL shall be limited to a twenty minute presentation, followed by a twenty minute Q&A session from the floor.
- 17.3 A 50 km distance from the closest member team shall be required for admission of a new member. If the distance is less than 50 km approval by the infringing team is required.
- 17.4 Applicants for membership to the NSJHL must file a letter of intent by January 1 of the year of application, accompanied by a certified cheque in the amount of Five Thousand Dollars (\$5,000) payable to the League. If the application is rejected the \$5,000 less reasonable expenses shall be refunded to the applicant. If the application is accepted and a franchise is granted, the \$5,000 shall be retained by the League and the applicant will pay an additional \$5,000.
- 17.5 The applicant will pay an amount of \$5,000 on or before 1 January of their first season.

- 17.6 The applicant will pay a final amount of \$5,000 on or before 1 January of their second season.
- 17.7 Affirmative vote of two thirds (213) of all the Member Teams shall be required for admission of a new Member.

By-Law 18: League Communication Protocol

- 18.1 To ensure effective and transparent communication within the Nova Scotia Junior Hockey League (NSJHL), all members must adhere to the established communication hierarchy. Players should address their concerns to their Coach, who will escalate issues to the General Manager. General Managers will communicate broader organizational issues to the Team Governor, who acts as a liaison with the League's executive, including the President and Vice-President, oversees overall league operations.
- 18.2 To streamline communication, only one designated team representative should contact the Executive Committee regarding a specific issue. If the Executive Committee requires more information, they will reach out to the necessary parties. All significant communications must be documented, and transparency is encouraged to be in writing.

REGULATIONS

Regulation 1: Teams

- 1.1 All scheduled League games, Teams must dress a minimum of ten (10) players, one who must be a goaltender. Failure to comply will result in the Team being fined two hundred dollars (\$200). The President has the right to waive this fine in the event of special circumstances.
- 1.2 Each Team shall be allowed to dress the maximum number of players as per HC Handbook.
- 1.3 Each Team shall be permitted to sign and dress a maximum of four (4) over-age players in accordance with HC Regulation B3, provided they were registered with a NSJHL Team and on their final protected list as of Feb 10 of the previous season.
- 1.4 Each Team shall indicate to the Secretary in writing on or before the 15th day of September of each year, the names and contact information of their Team Executive. League Executive will scrutinize and approve the Teams Executive.
- 1.5 Each Team shall indicate to the Secretary, in writing, at least two weeks (2) prior to the AGM their intention on returning to the League for the coming season. This must be accompanied by a payment of \$1,200, which will be credited towards their first League Fee installment, which is due on August 31st. Failure to pay will result in not being permitted to participate at the current AGM.
- 1.6 Any Team having indicated their intent to participate under Regulation 1.5 and subsequently requests a leave of absence after the AGM, shall be required to pay a Re-Admission fee equal to fifty percent (50%) of the Annual League fee prior to Re-Admission. This fee is additional to the normal Annual League fee.
- 1.7 The home Team shall provide security in the form of police, security guards or RCMP. A minimum of one is required. Failure to comply with this will result in a minimum fine of one hundred dollars (\$100) for the first offence, possible forfeiture of game, suspensions and suspension of the Franchise.
- 1.8 Matching socks, sweaters, pants, CSA approved helmets/visors/cages in the Teams approved colours, and neck guards. Failure to comply with any of the aforementioned requirements after the first month of League schedule may result in a fine of fifty dollars (\$50) for each player improperly dressed. Each team shall wear the League logo on their team jersey with it preferably located on the right front.
- 1.9 Certified protective neck guards are to be worn during all on ice activities including practices, warm ups, and games; including exhibition games, effective immediately, however teams will not be fined until January 6th 2024 pending equipment availability.

Players will not be permitted to play unless they are wearing one. Any players not wearing their neck guards will be fined \$25.

- 1.10 Any player not having a chin strap fastened during warm-up shall be fined fifteen dollars (\$15). Any League Executive in attendance may assess this.
- 1.11 A warning buzzer will be sounded with two (2) minutes remaining in the warm-up. When the final buzzer sounds at the end of the warm-up ALL players are to be off the ice. Any/all players in contravention of this Regulation shall be fined twenty five dollars (\$25). Any League Executive in attendance may assess this. Home are Teams responsible for having the pucks removed following the warmup as quickly as possible.
- 1.12 All intermissions shall be fifteen (15) minutes. A warning buzzer will be sounded at the thirteenth (13) minute mark, and when the final buzzer sounds signifying the end of the intermission, all players must be on the ice or the bench. Officials may assess a delay of game penalty.
- 1.13 No Team shall hold a training camp prior to 30 days of the first scheduled League game.
- 1.14 Teams may have no more than six (6) Players on their protected list and or affiliated player list in total that are classified as IMPORT PLAYERS as defined in Article 2.8 or Players classified as Players from Outside the Region as defined in Article 2.10.
- 1.15 These Players will be classified as Import Players and Players from Outside the Region for their entire career in the NSJHL. Exception, Players having played their bantam hockey in any Atlantic Provinces and transfer from these provinces will only be classified as Players from Outside the Region for their FIRST year.
- 1.16 Teams are entitled to a 38 player Protected List which shall include all Carded Players CP, un-Carded Player PP, and over-ager OA. Un-carded Over-ager remain on the Protected List until November 1st or until four (4) over age players have been signed (whichever comes first).
 - 1.16.1 Teams may add three (3) Players as Territorial Picks. To be eligible as a Territorial Pick these Players MUST have been registered in their first year of Hockey for the Minor Hockey Associations noted in Schedule C. Only Players who are considered 17- or 18-year-olds by HC for the upcoming season are eligible. Names of Territorial Picks are to be submitted to the League prior to June 30th and may not be changed.

Regulation 2: Players

- 2.1 No player shall participate in any Regular or Playoff game unless that player is registered in accordance with Hockey Nova Scotia. Any player who participates in contravention of the preceding paragraph shall be suspended forthwith by the League Executive. The

Team shall forfeit all points earned while using such player and shall be fined the sum of five hundred dollars (\$500).

- 2.2 Any player in his last year of eligibility in Jr A, Major Junior or University, (of any country) will be eligible to play in the NSJHL as an overage player (21 years old) if he signs with a NSJHL organization by December 11th of that current season and has played his bantam or midget hockey for a Nova Scotia registered team. Any players already playing in the NSJHL must be on an NSJHL card after February 10th of their 20-year-old season to be eligible to play the following season as an overage player (21 years old).
- 2.3 A medical exemption may be given to Regulation 2.2 with an application to the Appeals Committee that includes medical documentation to support the medical reason for not playing. The player must have stopped playing prior to December 11th and did not return before February 22nd.
- 2.4 Players who have been rostered and played Major Jr. Hockey are not eligible to play in the NSJHL. This does not include Nova Scotia Players who played their bantam or midget hockey for a Nova Scotia registered team.
- 2.5 No Player signed by any Team shall be paid money for playing hockey for such Team. Teams may reimburse Players for any expenses legitimately incurred as a result of playing hockey for such Team.
- 2.6 Where a player has accepted money for his services, other than legitimate expenses, such Player shall be suspended by the League and the Team involved may be find up too \$5,000 (Five Thousand Dollars) as determined by the League Executive.
- 2.7 Any and all player disputes will be handled by the League Executive in accordance with League By-Laws and Regulations.
- 2.8 No team is allowed to sign any player without the player's approval. Underage players require their parent's consent. Failure to provide information to the League when requested may result in forfeiture of points, suspensions, or fines.
- 2.9 All teams must have the official league commitment form for all new players signing with their team. This form will clearly state the name of the team signing the player, as well as the player's information: Full Name, address, phone number, DOB, last team, and league and it must include both the general manager's signature, the player's signature, and a parent's signature if the player is under the age of 18. A copy of the form will be given to the player, a copy of the form will then be sent to the league Registrar, and the team will then place the player on HCR, where the player will then be officially signed, and then added to that team's protected list. Teams are only allowed to sign players if they have spots available on their protected list. Once a team's protected list is full, they must release a current player to sign a new player. (If a team has a player sign an official league commitment form and that team does not officially sign this said player to the HCR, that team will be fined):

- 1ST OFFENCE — \$500
- 2ND OFENCE — \$1000
- 3RD Offence — \$1500
- 4th Offence — TBD

Note — If a team wants to sign a player(s) after the February 10th final roster deadline and before the start of the signing period (June 1st) for the upcoming season, they will only be allowed to sign however many overage players and open protected list positions (combined total) are on their Feb 10th final roster of the current season. These players will be placed on the HCR as soon as the signing period opens on June 1st. If one member team signs a player to a commitment form, and the same player is a territorial pick of another member team, the territorial pick overrules the commitment form, therefore the player will be added to the protected list of the member team who territorial picked the player. The only time a territorial pick does not overrule a player signing, is if the player in question is already on another member team's protected list.

- 2.10 All players signed to commitment forms after February 10th of the current season and before June 1st will not count towards an Import (IMP) position, a Player Out Of Region (POR) position, a Regional (REG) position, or a Protected Player (PP) position on a participating member teams protected list until officially signed on June 1st (signing period starts for the following season). Until then the only title AND status of said player will be COMMIT.

Regulation 3: Waiver Draft

- 3.1 Each NSJHL team will have the option to select or pass on any player that is placed in the Waiver Draft. When a team makes a selection of a player, that team's Waiver Draft position reverts to the last position in the Waiver Draft. The Waiver Draft order for the current season shall be determined by the reverse Regular Season standings from the previous season. The standings are based on all NSJHL teams and their Regular Season record.
- 3.2 After a waiver draft is sent out by the NSJHL registrar, Teams will have 7 days from the time and date the email is sent to bring up any issues or concerns with the NSJHL Registrar. If a revised list is noticed within 7 days, the initial change will not be reset and will still need to be amended and backdated to the original date.
- 3.3 Any player released from a teams Protected List will only require an email from the teams GM to the League Registrar given the players name. Once the League Registrar receives this, the player will be removed and the Registrar will notify all the teams.
- 3.4 Any player that is entering or wanting to play on a team in the NSJHL, that has been carded by a Junior B or higher league team at any point throughout his career, must be placed in the Waiver Draft. This player must be released off a card from the Hockey

Canada Registry (HCR) from their current (or most recent) Junior B or higher league team to be eligible to be placed in the Waiver Draft. If the player's team/league is not registered in HCR, proof of release* from their current (or most recent) Junior B or higher league team is required to be eligible to be placed in the Waiver Draft. Carded is as defined in Article 2.9.

*an official email or letter from the player's releasing team General Manager will qualify as a 'proof of release'

- 3.4.1 Waiver Draft picks can be traded for the current season and the next season only. Waiver Draft picks that are traded may also include a "to be used by" date.
- 3.4.2 When a player is placed in the Waiver Draft, the team must pay \$50 (Fifty Dollars) to put such player in the Draft. If that team or any other team claims that player, the team will receive their \$50 (Fifty Dollars) back. If that player clears waivers and is signed (Carded) by another team in the NSJHL within 48 hours, the original team will receive their \$50 (Fifty Dollars) back.
- 3.5 When a waiver draft pick is traded from one member team to another, unless stated to the registrar otherwise, this waiver draft pick is for one-time use only. If the time frame is not stated, the trade will be rejected.
 - 3.5.1 Any team that takes a leave of absence from the NSJHL will have their Waiver Draft position placed in the lowest Waiver Draft position when they advise the NSJHL they will be returning to play.
- 3.6 The Waiver Draft will end at 11 pm April 30 each season.
- 3.7 The maximum amount to be paid as a "Release Fee" shall be three hundred dollars (\$300).
- 3.8 All Player transactions regarding Waiver Draft are to be completed within 48 hours.
- 3.9 No Player shall be placed in the Waiver Draft after 11 pm April 28th.

Teams placing a Player in the Waiver Draft must include the following:

- a) First and last name
- b) Date of birth
- c) Hometown
- d) Phone number
- e) Last Team registered with
- f) School or place of employment
- g) Position

Unless all items listed in Regulation 3.9 are provided the Player will not be placed in the Waiver Draft.

- 3.10 Any Player who clears Waivers becomes a Free Agent. If such a Player is never registered with any Team Junior B or higher that Player doesn't need to enter the Waiver Draft again.
- 3.11 If a selected player put a team in violation of a player limit, the submission must include the information of the player to be removed from the list. The team must include the name of the player they are releasing if they drafted a player that puts them over the limit.

Regulation 4: Trades

- 4.1 Player trades must be approved by the League Executive, (any two (2) President or Vice Presidents).
- 4.2 All terms and conditions must accompany the trade details, such as a Player to be named later, money (no more than \$500), and Draft picks. Players to be named later must be identified to the registrar when the trade is submitted. The players cannot be named publicly by the registrar. Both Teams must reply to agree to the terms. Once both Teams agree with the terms and has been sent to the League, there will be no cancellation of the trade.
- 4.3 Traded Players cannot be Traded back to their former Team for 180 days.
- 4.4 All terms and conditions must accompany the trade details such as a player to be named later, money or draft picks. Players to be named later must be identified to the registrar when the trade is submitted. Both teams must reply to agree to the terms. Once both teams agree to the terms and has been sent to the League there will be no cancellations of the trade.

Regulation 5: Referees and Linesmen

- 5.1 All League Games shall be handled by two Referees, Level 4 or higher, registered and in good standing with the Governing Body, together with two linesmen.

Regulation 6: Schedule

- 6.1 Teams shall submit at the AGM their preference of days and times for there home dates. Alternate dates are also required.
- 6.2 The League schedule shall in all events be subject to ratification by the majority of the Teams before it is designated as the Regular schedule.

- 6.3 Upon ratification of the League schedule, no games shall be rescheduled except with the authorization of the President.
- 6.4 Except due to weather conditions, or other exceptional circumstances as determined by the League Executive, Teams at fault causing the un played or uncompleted game are subject to a League Fine of Three Thousand Dollars (\$3,000) of which up to Two Thousand Dollars (\$2,000) will be reimbursed to the opposing Team. The opposing Team must submit their detailed claim to the League for approval, the League will issue the cheque. The Team at fault shall automatically forfeit that game. A Performance Bond may be requested by the League to be held until such Team completes the Season.
- 6.4.1 The NSJHL will use HNS policy for games cancelation due to the Weather.
- 6.5 Any unplayed game of the League schedule must be re-scheduled within two (2) weeks of the originally scheduled game except for the last three (3) weeks of the Regular schedule, during which time the Statistician will coordinate with the two Teams involved.
- 6.6 If the provisions of Regulation 6.5 cannot be implemented and the requesting the re-scheduling is unable to play the game scheduled, that Team shall automatically forfeit that game and the game shall be recorded by the Statistician as having been played, with a loss shown against the forfeiting Team and a win credited to the other Team. Fines and reimbursement shall apply.
- 6.7 In the event of a tie for any position at the conclusion of the Regular schedule, the position shall be determined by the following:
- a) Go to overall regular season wins. Most wins.
 - b) Season record of the two teams involved, playing against each other.
 - c) Goal differential - number of goals against is subtracted from the number of goals for. The difference is the goal differential.
- 6.8 All Regular and Play - Off games shall commence no earlier than 7pm and no later than 9pm unless agreed by the two (2) Teams and approved by the President.

Regulation 7: Games

- 7.1 All League games will be comprised of three (3) twenty-minute periods. In the case of Teams tied after Regulation, a five (5) minute 3 on 3 sudden victory. If still tied, then a shoot out to determine a winner. The format shall be a three man shoot out, the three players to shoot will be named by their respective teams at the end of Regulation. The goaltender can be of the Teams choice. If still tied after the three shooters, then sudden victory shoot out, utilizing all remaining Players, if necessary, once all players have had a shot the same rotation shall be followed. Home Team have the option of shooting first or last.

7.2 If any regular season game is stopped by the Official for ANY REASON and determined that game can't continue, the following will apply:

- a) The stoppage occurs up to the conclusion of the second period intermission, and before the puck drops to start the third period, the game will be replayed completely. (The League will give the teams the details of this makeup game)
- b) If the game is stopped by the Official after the start of the third period, the game will be awarded to the team having the most goals. If the game is tied then a special league ruling will award each team with a tie.
- c) Games rescheduled will be at the same home rink, unless agreed by both teams to play elsewhere with League Approval.
- d) The home team will compensate the visiting team a reasonable financial travel aid, agreed by both teams. If the teams can't agree on the compensation the League will decide the amount.

7.2.1 During Playoffs, if at any time the game cannot continue to an Act of God, eg: power outage, storm or rink problem, the game MUST be completed on another date before the next game. Each team must continue with the same players at the time of the delay. *If the trailing team is willing to forfeit their playoff game, then they will be allowed.

7.3 League game reports shall be properly and legibly completed, with Players listed in numerical order, including signatures, date and time and must be faxed by the home Team to the League Statistician within forty eight hours after completion. Failure to comply with this Regulation will result in a fine of fifty dollars (\$50).

7.4 ALL teams are required to use electronic Game Sheets. Any team that fails to do so, will be fined \$100* each game the electronic game sheet is not used.

Note - If the arena is having an outage of internet or an act of god is not allowing the participating member team to use the electronic game sheet, proof will have to be provided to the NSJHL President and Director of Hockey Operations to have the fine removed.

Regulation 8: Playoffs

8.1 After completing the Regular schedule, the League playoffs shall commence as soon as the first ice is available for the higher-seeded team.

8.1.1 Teams will decide at the AGM the playoff format and the amount of teams who will qualify.

8.2 During all series leading to the Divisional Championship, Home Ice Advantage shall be awarded to the teams who finished highest in the regular season.

- 8.3 In the Provincial Championship series, Home Ice Advantage shall be decided by the cross-division games between each team during the Regular Season, using:
- a) Games won between the two teams.
 - b) Points earned between the two teams 3. Goals for between the two teams
 - c) Goals against between the two teams
 - d) Flip of a coin
- 8.4 The playoff format to be used in all playoff series will be decided by the BOG at the AGM.
- 8.5 The playoff schedule will be set by the teams involved and submitted to the League. Each series must be completed by the dates set. If the teams can't agree on dates the League President will set the dates.
- 8.6 When Teams are tied at the end of Regulation, a winner will be decided as per HC rules for overtime.

Regulation 9: All-Star Teams

- 9.1 There will be a First and Second All-Star Team established annually from each division.
- 9.2 Each Team shall compile a list of up to ten (10) Players (1 Goaltender, 2 Centers, 2 Left Wingers, 2 Right Wingers, and 3 Defensemen) and submit it to the League Secretary no later than the January 8th. Failure to comply will result in a fine of \$50.
- 9.3 The League Secretary will compile a list for each Division and submit it to all Teams no later than January 10th. Each Team must complete the ballots and return to the League Secretary no later than January 18th. Failure to comply will result in a fine of \$50.
- 9.4 Teams shall pick three (3) choices for each position and not pick their own Players. Points assigned in the following method: 1st = 4pts, 2nd = 2pts, 3rd = 1pts
- 9.5 Results will be announced by the League no later than January 21st.

Regulation 10: Awards

- 10.1 The Secretary shall be responsible for ensuring that each of the participating member team coaches shall nominate four persons from any team for awards in categories which are to be awarded annually. This will be done by memos from the coaches to the Secretary, on completion of the regular league schedule, prior to playoffs. The Secretary will forward the name/team of all nominees to the coaches by memo. Voting on the following awards shall be 1st, 2nd, 3rd and 4th choice for each place, with voting to be done by the Team coaching staff. This voting must be submitted to the Secretary within 7 days of the final regular season game.

10.2 Annual Awards shall be announced by the President, within seven days of League Playoffs being completed.

10.3 Annual Awards will be presented as follows:

- a) Most Valuable Player
- b) Defenseman of the Year
- c) Goaltender of the Year (per statistician records)
- d) Top Scorer (per statistician records)
- e) Rookie of the Year
- f) Most Gentlemanly Player of the Year
- g) Coach of the Year
- h) Executive of the Year

10.3.1 Voting points breakdown: 1st Choice = 5pts, 2nd Choice = 3pts, 3rd Choice = 2pts, 4th Choice = 1pts

10.4 During the quarter and semi-final series each team shall select a 1st, 2nd, and 3rd star from the opposing team for the entire series. Selections to be forwarded to the Secretary by noon the day following the final series game.

10.4.1 During the Provincial Championship series, the teams involved shall appoint a person at the rink to select a 1st, 2nd, and 3rd star for each game from the opposing team. Selections to be forwarded to the Secretary by noon the day following each game.

Points will be awarded to the chosen stars as follows:

- a) 1st star = 4pts
- b) 2nd star = 2pts
- c) 3rd star = 1pts

These points will be tallied and the award presented to the winner at the end of the championship game. The provisions of By Law 10.7 will apply to Regulations 10.1 and 10.4.

Regulation 11: Remuneration

11.1 The League President shall receive a yearly honorarium of Two Thousand Dollars (\$2,000.00).

11.2 The League Vice-Presidents, to a maximum of three, each shall receive a yearly honorarium of One Thousand Dollars (\$2,000.00).

11.3 The League Secretary shall receive a yearly honorarium of One Thousand Dollars (\$1,000.00).

- 11.4 The League Treasurer shall receive a yearly honorarium of One Thousand Dollars (\$1,000.00).
- 11.5 The League Registrar shall receive a yearly honorarium of One Thousand Dollars (\$1,000.00).
- 11.6 The League Statistician shall receive a yearly honorarium of One Thousand Dollars (\$1,000.00).
- 11.7 The League Publicity Director shall receive a yearly honorarium of One Thousand Dollars (\$1,000.00).
- 11.8 The League Website Director shall receive a yearly honorarium of One Thousand Dollars (\$1,000.00).

Regulation 12: Executive Travel

- 12.1 Expenses for Executive travel is available to be paid by the League as follows:
- a) reimbursement for automobile travel at rate in Schedule B
 - b) reimbursement of actual lodging costs, within reason. Where at all possible, and applicable, rooms shall be shared by two people.
 - c) a meal allowance based on rates listed in Schedule B. Where exceptional circumstances exist meals may be reimbursed at actual cost (receipts required).
 - d) a miscellaneous allowance of \$4.00 per each complete overnight stay.
- 12.2 The President or his designate must be in attendance during a Provincial Playoff game where the Championship may be won. If sufficient funds are available other Executive members may be authorized to attend at League expense.
- 12.3 The President or his designate must be in attendance during the Don Johnson Cup. If sufficient funds are available other Executive members may be authorized to attend at League expense.
- 12.4 Where an Executive member is on League business and such business prevents that member from returning home so as to arrive prior to 1:00am, or driving conditions are such that driving would be hazardous, expenses shall be paid in accordance with Regulation 12.1

Regulation 13: Don Johnson Cup Funding

- 13.1 Teams will vote at the AGM if they will attend.

- 13.2 Teams will approve how the League's representative will be chosen.
- 13.3 Teams will approve at the AGM the financial commitment, and where these funds will come from:
- a) Team League Assessment.
 - b) A Fee charged equally to only teams who qualify for the approved League playoff format, as agreed at the AGM.
- 13.4 If the League has a representative, the League President or his designates expensive will be covered by the League.

SCHEDULES

Schedule A: Member Teams: 2025-26

Fred Fox Division: Brookfield Elks, Capstone Colts, East Hants Penguins, Sackville Blazers, South Shore Lumberjacks, Windsor Oxen

Sid Rowe Division: Antigonish Bulldogs, Eskasoni Jr. Eagles, Membertou Jr. Miners, Pictou County Scotians, Strait Pirates

**Teams on one years leave of absence: nil

Schedule B: Travel Expense Rates

Automobile Travel: \$0.56 per kilometer
Breakfast: \$10.00
Lunch: \$15.00
Supper: \$20.00

Schedule C: Territorial Pick Areas

Fred Fox Division:

Brookfield Elks: **South Colchester MHA** & Truro and Area MHA
Capstone Colts: **Dartmouth MHA**
East Hants Penguins: **East Hants MHA**
Sackville Blazers: **Sackville MHA**
South Shore Lumberjacks: **South Shore MHA** & Queens MHA
Windsor Oxen: **West Hants MHA** & Acadia MHA

Sid Rowe Division:

Antigonish Bulldogs: **Antigonish MHA**
Eskasoni Jr. Eagles: **Cape Breton County MHA**
Membertou Jr. Miners: **Glace Bay MHA** & Northside and District MHA
Pictou County Scotians: **Pictou County MHA**
Strait Pirates: **Strait Richmond MHA** & Cape Breton West MHA

NOTE - MHA's listed in **bold** are primary MHA's. Secondary MHA's (non-bold) to be reviewed each season at AGM